



## RICHMOND ROWING CLUB INCORPORATED

### CODE OF CONDUCT

Richmond Rowing Club is a community not-for-profit rowing club, which aims to facilitate access to the sport of rowing. All club officials and coaches are volunteers.

Richmond Rowing Club aims to provide a positive sporting environment for the benefit of all members.

All participants, coaches, parents, supporters and committee members have a responsibility at all times when representing Richmond Rowing Club or during any activity held by or under the auspices of Richmond Rowing Club to conduct themselves in an appropriate manner, consistent with this Code.

#### **General Code**

Club Members will:

1. Be a positive role model.
2. Be fair, considerate and honest when dealing with others.
3. Be responsible especially when dealing with people under 18 years of age.
4. Respect the rights, dignity and worth of every person regardless of their level of participation, gender, race, cultural background, religion, sexual orientation, ability or disability.
5. Not tolerate any harassment, bullying, abuse of, or aggression towards, others.
6. Consider the safety and well-being of participants at all times and contribute to ensuring a safe environment for rowing, training or other activities.
7. Care for and respect all boats, equipment and property.
8. Promote fair play and participation and not a win at all costs approach.
9. Abide by Rowing Victoria (and where appropriate Rowing Australia) rules, regulations and policies.
10. Abide by the local river or other waterway laws, regulations and rules.
11. Respect the role of regatta officials in ensuring that competition is conducted fairly and according to the regatta rules.
12. Abide by the letter and the spirit of Richmond Rowing Club's rules, policies and standards particularly safety policies and respect the decisions of Club Officials.
13. Refrain from any behaviour that may bring Richmond Rowing Club or the sport of rowing into disrepute.
14. Not use performance enhancing drugs or illegal substances.
15. Abide by any Code of Conduct adopted by Rowing Victoria and Rowing Australia from time to time.

## **Coaches Code**

In addition to the General Code, Richmond Rowing Club Coaches are expected to:

1. Encourage rowers to be frank and honest concerning health issues, illness and injury; encourage rowers to seek medical advice when required; be concerned and cautious with sick or injured athletes.
2. Respect the confidentiality of information that comes to them in the course of their coaching role.
3. Provide feedback to rowers in a manner sensitive to their needs; focus on effort and performance rather than winning or losing.
4. Treat all rowers fairly but as individuals: respect their talent, development stage and potential.
5. Encourage and facilitate rowers' independence and responsibility for their own training, performance, decisions, behaviour and actions.
6. Involve the rowers in decisions that affect them.
7. Encourage rowers to respect one another as individuals regardless of their level of participation.
8. Ensure that the tasks and training set are suitable for the age, experience, ability, goals and physical and psychological conditions of the rowers.
9. Ensure any physical contact with rowers is appropriate to the situation.
10. Avoid unaccompanied and unobserved activities with persons under 18 years of age, wherever possible.
11. Know and abide by Richmond Rowing Club's rules, policies and standards, in particular safety policies, and encourage rowers to do likewise.

## **Rowers' Code**

In addition to the General Code, Richmond Rowing Club rowers (including coxswains) are expected to:

1. Respect the talent, potential and development of fellow rowers and competitors.
2. Be frank and honest with coaches concerning health issues, illness and injury and ability to train within the program requirements.
3. Be responsible for, and be positive in attitude to, their own training and competition.
4. Show concern towards others who may be sick or injured.
5. Cooperate with coaches in the development of training programs.
6. Respect the directions and decisions of coaches.

**Club Officials Code**

In addition to the General Code, Richmond Rowing Club Officials are expected to:

1. Know and abide by Richmond Rowing Club's rules, policies and standards, and encourage all Members to do likewise.
2. Resolve conflicts fairly and promptly in accordance with Richmond Rowing Club's rules, policies and standards.
3. Maintain impartiality.
4. Respect the confidentiality of information which comes to them in the course of their duties.
5. Be aware of Richmond Rowing Club's legal responsibilities.

**Parent/Guardian Code**

In addition to the General Code, Parents/guardians of junior members of Richmond Rowing Club are expected to:

1. Remember that children participate in sport for their own enjoyment.
2. Focus on effort and performance rather than winning or losing.
3. Provide support without pressure, and encouragement without criticism, to their children and crew members at all times.
4. Never ridicule any child for making a mistake or losing a competition.
5. Show appreciation for good performance by all rowers (including opposing rowers).
6. Respect coaches' or officials' decisions and teach children to do likewise.
7. Assist coaches to make rowing a safe and positive experience for all participants.
8. Know and abide by Richmond Rowing Club's rules, policies and standards, in particular safety policies and teach children to do likewise.